



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Mierke, Stephan

Club: WSV Beverungen
Number: 3067

Course: 10.60 km
Geländelauf lang

Category:
Männer M40

Total time: 45:06

Speed: 13.30 km/h
Running performance: 4:15 min/km

Rank in course/Total: 33 (of 199)

Rank in course/Men: 33 (of 160)

Best time in course: 35:07

Rank in category: 6(of 25)

Best time in the category: 40:22