



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Mahrt, Jörg

Club: Eisenach  
Number: 3069

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M40

Total time: 45:22

Speed: 14.02 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 36 (of 199)

Rank in course/Men: 36 (of 160)

Best time in course: 35:07

Rank in category: 7(of 25)

Best time in the category: 40:22