



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Kurch, Jörg

Club: VfL 28 Ellrich  
Number: 3083

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M50

Total time: 47:23

Speed: 12.66 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 52 (of 199)

Rank in course/Men: 51 (of 160)

Best time in course: 35:07

Rank in category: 4(of 15)

Best time in the category: 43:21