



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Romming, Nicole

Club: Fitness Oase Ohrdruf
Number: 3114

Course: 10.60 km
Geländelauf lang

Category:
Frauen W35

Total time: 48:25

Speed: 12.39 km/h
Running performance: 4:34 min/km

Rank in course/Total: 60 (of 199)

Rank in course/Women: 2 (of 39)

Best time in course: 46:41

Rank in category: 1(of 5)

Best time in the category: 48:25