



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Enge, Uwe

Club: TSG Ruhla/RSV03
Number: 3045

Course: 10.60 km
Geländelauf lang

Category:
Männer M45

Total time: 50:41

Speed: 11.84 km/h
Running performance: 4:47 min/km

Rank in course/Total: 76 (of 199)

Rank in course/Men: 71 (of 160)

Best time in course: 35:07

Rank in category: 17(of 36)

Best time in the category: 39:43