



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Darsow, Enrico

Club: Schönstedt
Number: 3196

Course: 10.60 km
Geländelauf lang

Category:
Männer M30

Total time: 52:25

Speed: 11.45 km/h
Running performance: 4:56 min/km

Rank in course/Total: 89 (of 199)

Rank in course/Men: 82 (of 160)

Best time in course: 35:07

Rank in category: 7(of 15)

Best time in the category: 35:50