



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Weißhaar, Dirk

Club: SV Mihla
Number: 3175

Course: 10.60 km
Geländelauf lang

Category:
Männer M40

Total time: 53:14

Speed: 11.27 km/h
Running performance: 5:01 min/km

Rank in course/Total: 92 (of 199)

Rank in course/Men: 85 (of 160)

Best time in course: 35:07

Rank in category: 19(of 25)

Best time in the category: 40:22