



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Hennig, Bernhard

Club: SV Mihla
Number: 3036

Course: 10.60 km
Geländelauf lang

Category:
Männer M60

Total time: 54:07

Speed: 11.75 km/h
Running performance: 5:07 min/km

Rank in course/Total: 98 (of 199)

Rank in course/Men: 90 (of 160)

Best time in course: 35:07

Rank in category: 3(of 13)

Best time in the category: 42:49