



8. Trefffurter Stadtlauf

Treffurt / 10.09.2011

Detailed evaluation

Hermann, Rainer

Club: Thuringia Königsee

Number: 3098

Course: 10.60 km

Geländelauf lang

Category:

Männer M65

Total time: 54:34

Speed: 11.00 km/h

Running performance: 5:09 min/km

Rank in course/Total: 102 (of 199)

Rank in course/Men: 93 (of 160)

Best time in course: 35:07

Rank in category: 1(of 3)

Best time in the category: 54:34