



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Wölfel, Roland

Club: Stedtfelder Rennsteigfreunde 1979
Number: 3165

Course: 10.60 km
Geländelauf lang

Category:
Männer M50

Total time: 55:04

Speed: 10.90 km/h
Running performance: 5:11 min/km

Rank in course/Total: 108 (of 199)

Rank in course/Men: 99 (of 160)

Best time in course: 35:07

Rank in category: 8(of 15)

Best time in the category: 43:21