



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Menge, Andreas

Club: Gotha  
Number: 3197

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M50

Total time: 55:33

Speed: 10.80 km/h  
Running performance: 5:14 min/km

Rank in course/Total: 116 (of 199)

Rank in course/Men: 104 (of 160)

Best time in course: 35:07

Rank in category: 9(of 15)

Best time in the category: 43:21