



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Radelhof, Alfred

Club: Rennsteiglaufverein
Number: 3005

Course: 10.60 km
Geländelauf lang

Category:
Männer M60

Total time: 55:59

Speed: 11.36 km/h
Running performance: 5:17 min/km

Rank in course/Total: 118 (of 199)

Rank in course/Men: 105 (of 160)

Best time in course: 35:07

Rank in category: 5(of 13)

Best time in the category: 42:49