



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Brandt, Alexander

Club: Treffurt
Number: 3154

Course: 10.60 km
Geländelauf lang

Category:
Männer M30

Total time: 56:16

Speed: 10.66 km/h
Running performance: 5:19 min/km

Rank in course/Total: 119 (of 199)

Rank in course/Men: 106 (of 160)

Best time in course: 35:07

Rank in category: 10(of 15)

Best time in the category: 35:50