



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Lüttkopf, Marcel

Club: Team DEURH-Haus  
Number: 3198

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M20

Total time: 56:20

Speed: 11.29 km/h  
Running performance: 5:19 min/km

Rank in course/Total: 121 (of 199)

Rank in course/Men: 107 (of 160)

Best time in course: 35:07

Rank in category: 15(of 19)

Best time in the category: 35:07