



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Poller, Peter

Club: Lauffreud Breitungeu
Number: 3010

Course: 10.60 km
Geländelauf lang

Category:
Männer M45

Total time: 56:50

Speed: 10.56 km/h
Running performance: 5:22 min/km

Rank in course/Total: 124 (of 199)

Rank in course/Men: 110 (of 160)

Best time in course: 35:07

Rank in category: 25(of 36)

Best time in the category: 39:43