



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Wolf, Gerd

Club: S. Tennis Gotha
Number: 3151

Course: 10.60 km
Geländelauf lang

Category:
Männer M55

Total time: 56:55

Speed: 10.54 km/h
Running performance: 5:22 min/km

Rank in course/Total: 127 (of 199)

Rank in course/Men: 113 (of 160)

Best time in course: 35:07

Rank in category: 9(of 13)

Best time in the category: 43:33