



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Jahn, Elke

Club: Immelborn  
Number: 3122

Course: 10.60 km  
Geländelauf lang

Category:  
Frauen W45

Total time: 57:00

Speed: 10.53 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 128 (of 199)

Rank in course/Women: 15 (of 39)

Best time in course: 46:41

Rank in category: 3(of 11)

Best time in the category: 51:21