



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Lege, Tobias

Club: sc impuls erfurt
Number: 3025

Course: 10.60 km
Geländelauf lang

Category:
Männer M30

Total time: 57:06

Speed: 11.14 km/h
Running performance: 5:23 min/km

Rank in course/Total: 130 (of 199)

Rank in course/Men: 115 (of 160)

Best time in course: 35:07

Rank in category: 12(of 15)

Best time in the category: 35:50