



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Fütterer, Friedbert

Club: SV Gernrode 1887eV
Number: 3023

Course: 10.60 km
Geländelauf lang

Category:
Männer M55

Total time: 57:24

Speed: 10.45 km/h
Running performance: 5:25 min/km

Rank in course/Total: 134 (of 199)

Rank in course/Men: 118 (of 160)

Best time in course: 35:07

Rank in category: 11(of 13)

Best time in the category: 43:33