



## 8. Trefffurter Stadtlauf

Treffurt / 10.09.2011

### Detailed evaluation

**Berner, Roland**

Club: LG. Bad Frankenhausen/Göllingen

Number: 3081

Course: 10.60 km

Geländelauf lang

Category:

Männer M50

Total time: 58:22

Speed: 10.28 km/h

Running performance: 5:31 min/km

Rank in course/Total: 140 (of 199)

Rank in course/Men: 123 (of 160)

Best time in course: 35:07

Rank in category: 13(of 15)

Best time in the category: 43:21