



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Rathgeber, Ronny

Club: SV Normania Treffurt
Number: 3132

Course: 10.60 km
Geländelauf lang

Category:
Männer M40

Total time: 58:35

Speed: 10.24 km/h
Running performance: 5:32 min/km

Rank in course/Total: 145 (of 199)

Rank in course/Men: 126 (of 160)

Best time in course: 35:07

Rank in category: 23(of 25)

Best time in the category: 40:22