



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

**Brandt, Sebastian**

Club: Fitness Oase Ohrdruf  
Number: 3047

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M20

Total time: 58:58

Speed: 10.79 km/h  
Running performance: 5:34 min/km

Rank in course/Total: 149 (of 199)

Rank in course/Men: 129 (of 160)

Best time in course: 35:07

Rank in category: 17(of 19)

Best time in the category: 35:07