



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

DESJARDINS, Rene

Club: VC Marksuhl

Number: 3193

Course: 10.60 km

Geländelauf lang

Category:

Männer M40

Total time: 59:37

Speed: 10.67 km/h

Running performance: 5:37 min/km

Rank in course/Total: 154 (of 199)

Rank in course/Men: 134 (of 160)

Best time in course: 35:07

Rank in category: 24(of 25)

Best time in the category: 40:22