



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Fick, Thomas

Club: VFB TM Mühlhausen  
Number: 3212

Course: 10.60 km  
Geländelauf lang

Category:  
Männer M45

Total time: 1:01:21

Speed: 9.78 km/h  
Running performance: 5:47 min/km

Rank in course/Total: 163 (of 199)

Rank in course/Men: 139 (of 160)

Best time in course: 35:07

Rank in category: 31(of 36)

Best time in the category: 39:43