



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Goetz, Helmut

Club: sc impuls erfurt
Number: 3099

Course: 10.60 km
Geländelauf lang

Category:
Männer M70

Total time: 1:03:00

Speed: 10.10 km/h
Running performance: 5:56 min/km

Rank in course/Total: 170 (of 199)

Rank in course/Men: 144 (of 160)

Best time in course: 35:07

Rank in category: 3(of 4)

Best time in the category: 48:34