



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Bechstein, Michael

Club: TABBS Vital
Number: 3076

Course: 10.60 km
Geländelauf lang

Category:
Männer M45

Total time: 1:03:19

Speed: 9.48 km/h
Running performance: 5:58 min/km

Rank in course/Total: 172 (of 199)

Rank in course/Men: 146 (of 160)

Best time in course: 35:07

Rank in category: 33(of 36)

Best time in the category: 39:43