



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Mortag, Hans-Jürgen

Club: SV Thuringia Königsee
Number: 3176

Course: 10.60 km
Geländelauf lang

Category:
Männer M60

Total time: 1:07:05

Speed: 8.94 km/h
Running performance: 6:20 min/km

Rank in course/Total: 185 (of 199)

Rank in course/Men: 155 (of 160)

Best time in course: 35:07

Rank in category: 11(of 13)

Best time in the category: 42:49