



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Kohlhausen, Christian

Club: Warken & Partner  
Number: 3503

Course: 5.00 km  
Geländelauf kurz

Category:  
Männer M20

Total time: 24:22

Speed: 12.31 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 17 (of 103)

Rank in course/Men: 13 (of 58)

Best time in course: 19:20

Rank in category: 1(of 2)

Best time in the category: 24:22