



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

König, Lisa

Club: SC Steinbach-Hallenberg
Number: 2510

Course: 5.00 km
Geländelauf kurz

Category:
weibliche Jugend A

Total time: 24:38

Speed: 12.18 km/h
Running performance: 4:56 min/km

Rank in course/Total: 21 (of 103)

Rank in course/Women: 6 (of 45)

Best time in course: 21:03

Rank in category: 2(of 5)

Best time in the category: 21:03