



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Hartmann, Sandra

Club: TSV Rauenstein
Number: 2517

Course: 5.00 km
Geländelauf kurz

Category:
weibliche Jugend B

Total time: 24:47

Speed: 12.10 km/h
Running performance: 4:58 min/km

Rank in course/Total: 22 (of 103)

Rank in course/Women: 7 (of 45)

Best time in course: 21:03

Rank in category: 3(of 7)

Best time in the category: 22:44