



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Trautmann, Knut

Club: VfL Hüpstedt
Number: 2671

Course: 5.00 km
Geländelauf kurz

Category:
Männer M50

Total time: 24:51

Speed: 12.07 km/h
Running performance: 4:58 min/km

Rank in course/Total: 23 (of 103)

Rank in course/Men: 16 (of 58)

Best time in course: 19:20

Rank in category: 1(of 1)

Best time in the category: 24:51