



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Gericke, Laura

Club: SC Steinbach-Hallenberg  
Number: 2515

Course: 5.00 km  
Geländelauf kurz

Category:  
weibliche Jugend B

Total time: 26:01

Speed: 11.53 km/h  
Running performance: 5:12 min/km

Rank in course/Total: 29 (of 103)

Rank in course/Women: 10 (of 45)

Best time in course: 21:03

Rank in category: 4(of 7)

Best time in the category: 22:44