



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Benkert, Kurt

Club: Aub

Number: 2588

Course: 5.00 km

Geländelauf kurz

Category:

Männer M60

Total time: 29:05

Speed: 10.32 km/h

Running performance: 5:49 min/km

Rank in course/Total: 42 (of 103)

Rank in course/Men: 26 (of 58)

Best time in course: 19:20

Rank in category: 1(of 1)

Best time in the category: 29:05