



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Essiger, Erik

Club: RS 8b  
Number: 2561

Course: 5.00 km  
Geländelauf kurz

Category:  
männliche Schüler

Total time: 29:41

Speed: 10.11 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 44 (of 103)

Rank in course/Men: 27 (of 58)

Best time in course: 19:20

Rank in category: 17(of 35)

Best time in the category: 19:36