



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Frank, Leonie

Club: WSV Oberhof 05  
Number: 2519

Course: 5.00 km  
Geländelauf kurz

Category:  
weibliche Jugend B

Total time: 29:58

Speed: 10.01 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 46 (of 103)  
Rank in course/Women: 18 (of 45)  
Best time in course: 21:03

Rank in category: 6(of 7)  
Best time in the category: 22:44