



8. Trefffurter Stadtlauf
Treffurt / 10.09.2011

Detailed evaluation

Benkert, Brigitte

Club: TSV M ünnerstadt
Number: 2589

Course: 5.00 km
Geländelauf kurz

Category:
Frauen W55

Total time: 31:07

Speed: 9.64 km/h
Running performance: 6:13 min/km

Rank in course/Total: 51 (of 103)

Rank in course/Women: 21 (of 45)

Best time in course: 21:03

Rank in category: 1(of 1)

Best time in the category: 31:07