



8. Trefffurter Stadtlauf

Treffurt / 10.09.2011

Detailed evaluation

Moog, Bernd

Club: Eschwege

Number: 2713

Course: 5.00 km

Geländelauf kurz

Category:

Männer M45

Total time: 31:36

Speed: 9.49 km/h

Running performance: 6:19 min/km

Rank in course/Total: 52 (of 103)

Rank in course/Men: 31 (of 58)

Best time in course: 19:20

Rank in category: 2(of 2)

Best time in the category: 24:53