



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Fischer, Astrid

Club: Treffurt  
Number: 2509

Course: 5.00 km  
Geländelauf kurz

Category:  
Frauen W40

Total time: 32:51

Speed: 9.13 km/h  
Running performance: 6:34 min/km

Rank in course/Total: 58 (of 103)  
Rank in course/Women: 25 (of 45)  
Best time in course: 21:03

Rank in category: 1(of 2)  
Best time in the category: 32:51