



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Helbig, H.-Peter

Club: Stedtfelder Rennsteigfreunde  
Number: 2709

Course: 5.00 km  
Geländelauf kurz

Category:  
Männer M65

Total time: 35:39

Speed: 8.42 km/h  
Running performance: 7:08 min/km

Rank in course/Total: 71 (of 103)

Rank in course/Men: 41 (of 58)

Best time in course: 19:20

Rank in category: 1(of 2)

Best time in the category: 35:39