



8. Trefffurter Stadtlauf  
Treffurt / 10.09.2011

Detailed evaluation

Heim, Saskia

Club: GS Wachsame Adler  
Number: 2441

Course: 1.70 km  
Schnupperlauf

Category:  
weibliche Schüler D

Total time: 10:55

Speed: 9.34 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 65 (of 134)  
Rank in course/Women: 26 (of 64)  
Best time in course: 7:38

Rank in category: 11(of 23)  
Best time in the category: 8:36