



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Lenk, Matthias

Club: Lauffreunde Lossatal
Number: 134

Course: 6.00 km
6 km Lauf

Category:
Männer M40

Total time: 28:53

Speed: 12.46 km/h
Running performance: 4:49 min/km

Rank in course/Total: 1 (of 44)

Rank in course/Men: 1 (of 29)

Best time in course: 28:53

Rank in category: 1(of 3)

Best time in the category: 28:53