



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Völker, Tino

Club: Dietzhausen

Number: 8

Course: 17.00 km

17 km-Lauf

Category:

Männer M40

Total time: 1:40:30

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 67 (of 91)

Rank in course/Men: 58 (of 73)

Best time in course: 1:07:21

Rank in category: 11(of 14)

Best time in the category: 1:07:21