



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Wozasek, Ingrid

Club: Triathlon Friedrichroda  
Number: 93

Course: 17.00 km  
17 km-Lauf

Category:  
Frauen W50

Total time: 1:42:58

Speed: 9.91 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 72 (of 91)  
Rank in course/Women: 10 (of 18)  
Best time in course: 1:24:06

Rank in category: 3(of 4)  
Best time in the category: 1:29:19