



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Claus, Ronny

Club: Greppin
Number: 89

Course: 17.00 km
17 km-Lauf

Category:
Männer M35

Total time: 1:44:33

Speed: 9.76 km/h
Running performance: 6:09 min/km

Rank in course/Total: 74 (of 91)

Rank in course/Men: 64 (of 73)

Best time in course: 1:07:21

Rank in category: 10(of 10)

Best time in the category: 1:08:34