



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Van Lier, Kerstin

Club: Friedrichroda
Number: 86

Course: 17.00 km
17 km-Lauf

Category:
Frauen W40

Total time: 1:47:34

Speed: 9.48 km/h
Running performance: 6:20 min/km

Rank in course/Total: 78 (of 91)
Rank in course/Women: 12 (of 18)
Best time in course: 1:24:06

Rank in category: 3(of 4)
Best time in the category: 1:40:30