



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Anschütz, Detlef

Club: Erfurt
Number: 124

Course: 6.00 km
6 km Lauf

Category:
Männer M55

Total time: 34:02

Speed: 10.58 km/h
Running performance: 5:40 min/km

Rank in course/Total: 13 (of 44)

Rank in course/Men: 11 (of 29)

Best time in course: 28:53

Rank in category: 1(of 2)

Best time in the category: 34:02