



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Ludwig, Eckhard

Club: Bad Berka
Number: 20

Course: 17.00 km
17 km-Lauf

Category:
Männer M55

Total time: 1:50:23

Speed: 9.24 km/h
Running performance: 6:29 min/km

Rank in course/Total: 80 (of 91)

Rank in course/Men: 67 (of 73)

Best time in course: 1:07:21

Rank in category: 5(of 5)

Best time in the category: 1:09:45