



4. Zweitalsperrenlauf
Tambach Dietharz / 11.09.2011

Detailed evaluation

Bechstein, Michael

Club: TABBS Vital
Number: 16

Course: 17.00 km
17 km-Lauf

Category:
Männer M45

Total time: 1:51:55

Speed: 9.11 km/h
Running performance: 6:35 min/km

Rank in course/Total: 86 (of 91)

Rank in course/Men: 72 (of 73)

Best time in course: 1:07:21

Rank in category: 16(of 16)

Best time in the category: 1:13:23