



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Dux, Astrid

Club: Sonntagswalker  
Number: 167

Course: 12.00 km  
Nordic Walking

Category:  
Frauen

Total time: 1:51:44

Speed: 6.44 km/h  
Running performance: 9:19 min/km

Rank in course/Total: 20 (of 33)

Rank in course/Women: 9 (of 19)

Best time in course: 1:36:52

Rank in category: 9(of 19)

Best time in the category: 1:36:52