



4. Zweitalsperrenlauf  
Tambach Dietharz / 11.09.2011

Detailed evaluation

Langbein, Claudia

Club: Sonntagswalker  
Number: 168

Course: 12.00 km  
Nordic Walking

Category:  
Frauen

Total time: 1:51:51

Speed: 6.44 km/h  
Running performance: 9:19 min/km

Rank in course/Total: 22 (of 33)  
Rank in course/Women: 12 (of 19)

Best time in course: 1:36:52

Rank in category: 12(of 19)  
Best time in the category: 1:36:52